

My Many Coloured Days - By Dr. Seuss

Hi Nursery, I hope you enjoyed Mrs Howes story. I have never heard of it until now. It made me think about a song I know called "sing a rainbow". Shall we go through the rainbow colours and see how each colour makes us feel?

RED - How does it make you feel? It could make you think of love. You may write a letter to your mummy or daddy and draw an X or a heart. It might also make you feel a bit grumpy or angry. But it can also have a meaning of warning or danger.



I can sing a Rainbow

Red and yellow and pink and green
Orange and purple and blue
I can sing a rainbow
Sing a rainbow
Sing a rainbow too



YELLOW - Who likes yellow?, Does it make you feel bright and cheerful?. Yellow makes me happy and I think about the sun and the stars at night. What does it remind you of? It could be a lemon, sunflower, sand or even a banana? Do you know who else loves bananas???



PINK - What do you think about pink? I know the first thing I think of is a flamingo which is a pink bird, it gets its colour from eating lots of shrimp, which are also pink in colour. Also, pink reminds me of fun fairs where you can get some yummy candy floss. What about you? You might think pink when you get embarrassed?.



GREEN - I do like the colour green. How about you? It reminds me of nature. I think of minibeasts and other animals who live in these bright and beautiful environments. The only problem is green also reminds me of envy or jealousy. If you like movies, Cheeky characters seem to sometimes be green. For example, The Grinch, however there are nice characters too, like Tinkerbell.



ORANGE - I'm not sure how orange makes me feel, what do you think? Can you find something orange at home? I do know what it reminds me of and that is Autumn, when the leaves turn orange, red and yellow.



Orange also reminds me of pumpkins for Halloween and all the lovely treats I get trick or treating. But let's not forget the yummy oranges we would eat in nursery.



PURPLE - This is my favourite colour as most of you know. But did you know that you can eat purple food. Everything from Purple broccoli, grapes, brussel sprouts and carrots. Carrots were originally purple, yellow, and white, but in the 17th century in the Netherlands a strain of carrots was developed so they appeared orange in colour. You might like to know that Mrs Howe is also named after a purple flower, known as "Iris".



BLUE - How does the colour blue make you feel? You might know the film "inside out", there is an emotion who is blue and she is called "sadness". She teaches you how being sad is OK and its good to talk about how you feel. But even blue can be a beautiful thing. For me it reminds me of the beach. You may also not know that Dory in "finding nemo" is real. There are also birds, lizards, starfish and blue butterfly's. What can you spot that is blue?



Feeling blue?



Things to do!

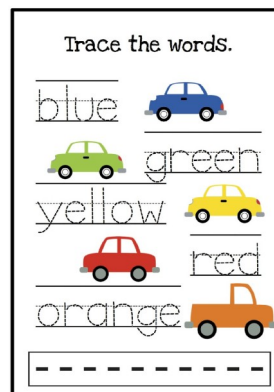
Here are some fun ideas? How about making a picture from things you find around the house, garden or whilst you are out and about. It can be anything from bits of cut card, leaves, toilet roll tubes, clean rubbish and petals. I wonder what you will come up with? Remember to find different colours. You could make a fish with it all?



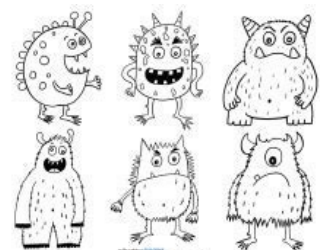
How about making your own feelings chart? You could get some help from your family? This is a good way to explain how you are feeling if you cant say it with words. You can use crayons, pens or pencils.



IDEAS - You can find these activities on the internet, or you can drawer your own.



I hope you enjoyed this page. I can't wait to see what you come up with. Have a wonderful summer holiday. Stay safe and I'll see you in September.



Lots of love Mrs Bence xx

